

2021 CLINIC TOPIC DESCRIPTIONS

ADVANCED CAVALLETTI: Taking our most popular clinic to the next level. Horse and rider will need to be confident and comfortable with trot and canter work over cavalletti. We will spend more time with cantering exercises than our regular Cavalletti Clinic. We will slightly push the limits of balance, strength, and flexibility. Exercises will help build trust and confidence between horse and rider. This clinic will be challenging and fun! Advanced Cavalletti Clinic will be on October 2nd.

CAVALLETTI: Cavalletti has many benefits and is super fun. It can help increase your horse's strength and flexibility, stretch and loosen muscles to help relieve stiffness, improve balance, and enable the horse and rider to gauge distance. Cody will teach you how to properly use cavalletti, including how to set height and distance for your horse's gaits as well as how often you should school your horse over cavalletti at home. We have two Cavalletti Clinics scheduled for March 27th and July 10th.

COACHING SERIES: The Coaching Series is a quarterly intensive check-in. This is for the rider who wants to set goals for progression in 2021. Cody will help keep you on track. This is a series of four, and riders will be required to participate in quarterly sessions. You will be advancing with the same six riders for the series's duration, allowing space to encourage one another and build new relationships. You will ride twice per day over the weekend for all four sessions. The dates for this series are February 27th & 28th, May 22nd & 23rd, August 28th & 29th, and November 6th and 7th. No auditing is allowed.

CONQUERING FEAR: This clinic is for the rider who has lost confidence in their horse or themselves. Progression will happen slowly at a comfortable pace. The participants will begin to rebuild their relationships with their horses by understanding what real leadership is. Cody will help you overcome fear by educating you on horse behavior (things to watch for), how to be the leader, how to handle a bad situation and more. This way, you will be able to nip a problem in the bud before it blows up out of control. Day one will be groundwork, and riders will move on to riding when they feel comfortable. Conquering Fear will be from March 19th through the 21st.

ENERGY FOR MOVEMENT: It's a no brainer that some of the maneuvers we ask of our horses require more energy than others, just the same as it takes more energy for you to run than walk. Having the ability to add more energy as needed can mean a big difference to your horse and their ability to perform what is being asked of them. Cody will teach you how to develop and control the energy needed for the movements your horse is ready to perform. Energy for Movement will be on July 24th & 25th.

GAITED HORSEMANSHIP INTENSIVE: In this clinic, you will learn how to use subtle cues to help keep your horse light and willing. With specific exercises, you will be able to balance your horse better, making gait easier and more comfortable. Cody will also teach you how to prevent pace and other related problems. Through numerous lateral exercises, bending, and cavalletti, we will make your horse more relaxed & responsive. It is essential to take the time your horse needs to find and develop the necessary footwork for gait; otherwise, the gait can be easily disrupted and be lost altogether. The clinic will include groundwork as well as group & individual instruction. Gaited Horsemanship Intensive will be from September 22nd through the 26th.

SHARE YOUR TROUBLES: This clinic is for the rider with a horse that seems stuck. Cody will work with your horse each morning session, and you will get one-on-one instruction as you work with your horse each afternoon session. Cody will be able to tell you what he felt and observed while working with your horse and will be able to tell you exactly how he addressed issues that arose and how to work through them. Once the horse has an idea of what to do and what is expected of him, it will be much easier for you to carry it on at home. Day one will be lunging and groundwork, while days two and three will have the addition of riding. Share Your Troubles will be from October 8th through the 10th.

SHORT COURSE: This course is for the equestrian who wants to get to the next level with their horse and also have a better understanding of behavior and biomechanics. Limited to 6 participants, you are sure to get lots of attention and get all of your questions answered. The course will include lecture, demonstration, group, and individual instruction. Multiple topics will be covered. Horse and rider needs will determine the topics. Short Course will be from April 1st through the 3rd. No auditing is allowed.

Contact Carrie Harrison for more information
(720) 312-9139 | info@CH-Equine.com

